

FALL TRAINER CHECKLIST

The committee on Fall Trainer recommends that each attendee at the West Virginia District of Circle K International Fall Trainer remember the following items:

- a) Pillow and sleeping bag or sheets/blankets to make a bed (bunk beds), as linens are not provided.
- b) Tennis shoes, hiking boots, light jacket, umbrella, jeans, shorts, CKI t-shirts, sweatshirts (evenings/night may be cool to cold).
- c) Shower/Bath Items: Towels, washcloths, soap, shampoo, hairdryers, curling irons, toothbrush, toothpaste, floss, shaving kits, etc.
- d) Alarm clock, flashlight with batteries, notebook with paper, notepad, pens/pencils and ideas to share at workshops/forums, camera.
- e) Required Items: Code of Conduct Form - Signed, Medical Form -completed and signed, These Forms must be completed for each attendee. Forms are available to download/print at: www.kiwaniswv.org/cki
- f) Cell phones usage will be limited
- g) Enjoy the serenity, peace and beauty of West Virginia

Service

Fellowship

Leadership